



Contemporary Dance Theater

Fall 2020

Adult/Teen Dance Classes

September 28 – November 22 4 or 8-week Sessions

For updates check facebook.com/contemporarydancetheater, cdt-dance.org/classes or call (513) 591-1222
 Studio note: Studio A is large and windows will be open until weather changes. Studios are subject to change.

DAY	CLASS	TIME	STUDIO	INSTRUCTOR
MON	HIP HOP <i>Mixed Level (all levels)</i>	6:45-7:45pm	A	STEVE IRWIN
	MUSICAL THEATER DANCE <i>Advanced Beginner & Intermediate Level</i>	8:00-9:00pm	A	STEVE IRWIN
TUE	MODERN DANCE <i>Intermediate & Advanced Level – NEW MORNING CLASS!</i>	10:45am-12:00pm	A	JON LAWSON
	MODERN DANCE <i>Mixed Level (all levels)</i>	6:30-7:30pm	A	DONNA RUBIN
WED	AFRO-HAITIAN DANCE: DUNHAM TECHNIQUE <i>Mixed Level</i>	6:15-7:30pm	A	JEANNE SPEIER
	BALLET BASICS 1 & 2: STRETCH & STRENGTHEN <i>Beginner & Advanced Beginner Level</i>	7:45-9:00pm	A	ALLISON JACOBS
THU	YOGALATES <i>Mixed Level (all levels)</i>	6:15-7:30pm	A	MICHELLE MORANO
	MODERN DANCE <i>Intermediate, Advanced Level</i>	7:45-9:00pm	A	MICHELLE MORANO
SAT	BALLET BASICS 3 <i>Advanced Beginner & Intermediate Level</i>	9:30-10:45am	A	ALISSA STACHOWSKI
	ZUMBA® <i>Mixed Level (all levels)</i>	11:30am-12:30pm	A	Jeanita Olówè

Pricing & Deadlines

***CASH OR CHECK payments, MUST contact dance@cdt-dance.org or (513) 591-1222 in advance.**

DROP-IN paid day before class: **\$15 per class** credit card online* **MUST email to register day before each class.**

4-Week Session (same class): **\$50** online by credit card*

5-Class FLEX Card: **\$65** credit card*. **MUST email to register by the day before each class.**

8-Week Session(same class): **\$80** online by credit card*

*****BEFORE REGISTERING*** Check our website www.cdt-dance.org. to confirm the class is open/running, read all the new policies, procedures, review class descriptions and faculty bios!**

DROP-IN: Minimum registration is met and the class is open/running, drop-in students are welcomed.

FLEX-5 CARD: Good for **ANY** class which are open (check website) and **MUST email dance@cdt-dance.org to register by the day before each class.** *Flex-5 Cards expire 3 months from date of issue and are non-refundable and non-transferrable (cannot be shared.)*

If minimum registration is not met by deadline, class will be cancelled. If class is cancelled, those who registered will be contacted and offered a refund, or payment can be transferred to another class, Flex-5 cards or used for a future session. Questions: dance@cdt-dance.org, 591-1222

Fall 2020, CDT (updated) Re-Opening Guidelines for Adult/Teen Dance Classes

We are looking forward to dancing with you at CDT! With our re-opening this past summer, new rules and expectations were implemented to keep everyone healthy, mandated by the state of Ohio. Please be sure to read through the new requirements and updates before registering for classes.

Before coming to class:

- You must pre-register on our website for all classes by the day before, even if a drop-in student. Details are on our website class page. Space is limited. <https://www.cdt-dance.org/adultclasses.html>
- If you are not feeling well, have a fever or a cough, or have been exposed to anyone who has been sick, do not attend class that day. Students are encouraged to check their temperature; do not attend class if temperature is over 100 degrees.
- Bring into the studio only what you need, and leave other items locked in the trunk of your car, out of sight. You will need to bring a water bottle as the water fountain will not be available. Other items to bring are a towel, dance shoes, and your own yoga/Pilates mats for Yogalates class or any other classes which require mats. Be sure to have a mask/face covering to wear into the building and in the hallways, and bring something to put the mask in if you do not wear it during class.
- If you arrive early, wait in your car or in the recreation area (not on the front steps). The front door will be propped open for you to enter 10 minutes before class.
- Please be on time. The front door will be shut and locked about 5 minutes into class time. Call the studio if you are stuck in traffic and will arrive late: (513) 591-1222.

At CDT:

- Wear a mask/face covering into the building and in all common areas before and after class. Masks are encouraged but not required in the studio while taking class as long as we are able to have the windows open. Once the weather changes and windows need to be closed, **MASKS WILL BE REQUIRED.**
- Everyone is required to wash and/or sanitize your hands when entering the building, before class.
- With pre-registration, students now only need to check in for attendance at the front desk, and students will no longer sign-in. Tell the front desk attendant your name before entering the studio. Your temperature will be taken with a contactless thermometer and recorded.
- Social distancing of 6 feet or more is required in all spaces.
- If someone is giving a ride to a student, they must wait in their car or outside; there is no observation of classes or waiting inside the building.
- Cleaning and disinfecting supplies are located throughout the building for use on any surfaces touched. Staff will do cleaning & disinfecting, but students are also encouraged to use these supplies.
- Hand washing and hand sanitizer supplies are available throughout the building for student and staff to use.

In the studio for class:

- After entering the studio, put on a chair any items you brought, then find a spot in the room to begin class.
- The studios have colored tape marks and signs to assist students in maintaining more than 6 feet of social distance during class. Be sure to always keep your space by moving with the class.
- The ballet barres are marked with colored tape for social distancing and will be cleaned and disinfected before and after each use. Students do not have to touch the barres, yet, can just stand next to them.

After class:

- Classes now have 15 minutes of time between them, for one class to exit before the next class enters. The front door will be propped open for students to leave directly after class.
- If you want to catch up and chat after class, do so in the parking lot or recreation area.
- If you have any other questions, please contact CDT at dance@cdt-dance.org or (513) 591-1222. www.cdt-dance.org