



CDT COVID-19 Guidelines for Adult/Teen Dance Classes

UPDATED JANUARY 2021

We are looking forward to dancing with you at CDT! With our re-opening this past summer 2020, new rules and expectations were implemented to keep everyone healthy, mandated by the state of Ohio. Please be sure to read through the new requirements and updates before registering for classes.

Before coming to class:

- You now need to pre-register on our website for all classes. **Drop in students are permitted on day of classes BUT MUST EMAIL dance@cdt-dance.org at least within 3 hours before class to confirm the class is running.**
- If you are not feeling well, have a fever or a cough, or have been exposed to anyone who has been sick, do not attend class that day. Students are encouraged to check their temperature; do not attend class if temperature is over 100 degrees.
- Bring into the studio only what you need, and leave other items locked in the trunk of your car, out of sight. You will need to bring a water bottle as the water fountain will not be available. Other items to bring are a towel, dance shoes, and your own yoga/Pilates mats for Yogalates class or any other classes which require mats. Be sure to have a mask/face covering to wear into the building and in the hallways, and bring something to put the mask in if you do not wear it during class.
- If you arrive early, wait in your car or in the recreation area (not on the front steps). The front door will be propped open for you to enter 10 minutes before class.
- Please be on time. The front door will be shut and locked about 5 minutes into class time. Call the studio if you are stuck in traffic and will arrive late: (513) 591-1222.

At CDT:

- Wear a mask/face covering into the building and in all common areas before and after class.
- **MASKS ARE REQUIRED** in the studio while taking class and the windows will be opened slightly to allow additional air circulation.
- Everyone is required to wash and/or sanitize your hands when entering the building, before class.
- With pre-registration, students now only need to check in for attendance at the front desk, and students will no longer sign-in. Tell the front desk attendant your name before entering the studio. **You will be asked a short and quick set of covid-19 screening questions, have your temperature taken with a contactless thermometer and recorded.**
- Social distancing of 6 feet or more is required in all spaces.
- If someone is giving a ride to a student, they must wait in their car or outside; there is no observation of classes or waiting inside the building.
- Cleaning and disinfecting supplies are located throughout the building for use on any surfaces touched. Staff will do cleaning & disinfecting, but students are also encouraged to use these supplies.
- Hand washing and hand sanitizer supplies are available throughout the building for student and staff to use.

In the studio for class:

- After entering the studio, put on a chair any items you brought, then find a spot in the room to begin class.
- The studios have colored tape marks and signs to assist students in maintaining more than 6 feet of social distance during class. Be sure to always keep your space by moving with the class.
- The ballet barres are marked with colored tape for social distancing and will be cleaned and disinfected before and after each use. Students do not have to touch the barres, yet, can just stand next to them.

After class:

- Classes now have 15 minutes of time between them, for one class to exit before the next class enters. The front door will be propped open for students to leave directly after class.
- If you want to catch up and chat after class, do so in the parking lot or recreation area.
- If you have any other questions, please contact CDT at dance@cdt-dance.org or (513) 591-1222. www.cdt-dance.org